



### Today's Agenda



- SMART Goals
  There is a difference
- **Examples of SMART Goals For 2022**Walking it through
- Resources to Make Your Goals
  Sources and tools
- Start Moving: Your Action Plan
  One step at a time
- Looking at Your Goals
  A couple of examples





### The Importance of Goal Setting

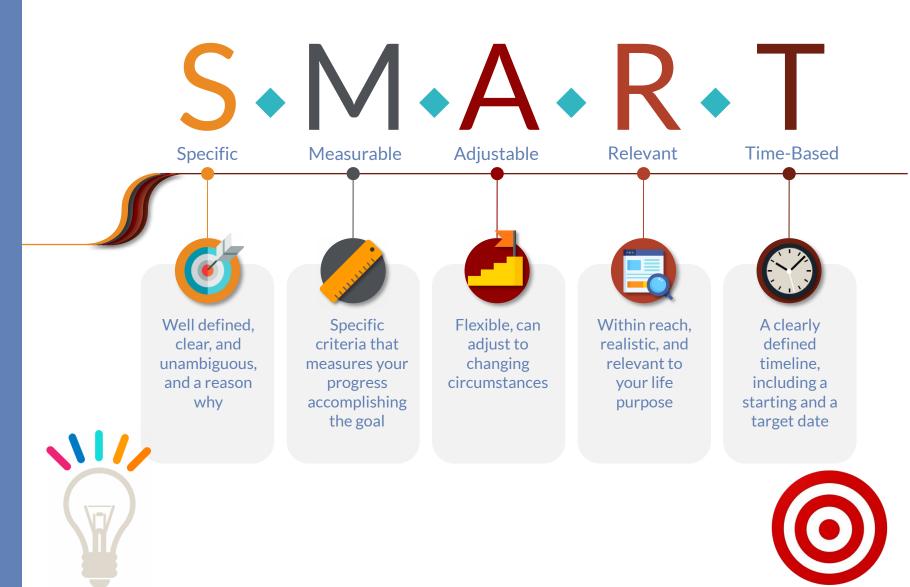
- Helps you know where you are going?
  "If you aim at nothing, you will hit it every time!"
- Helps you shape other life choices
  Purchases, free time, career-work, etc.
- Let's you create a realistic plan
  Don't spin your wheels
- Forces you to prioritize and focus
  Again, less wheel spinning
- Track your progress & celebrate achievement Essential to stay the course
- Tool and resource vs. ???



### The Importance of Goal Setting

- Helps you know where you are going?
  "If you aim at nothing, you will hit it every time!"
- Helps you shape other life choices
  Purchases, free time, career-work, etc.
- Let's you create a realistic plan
  Don't spin your wheels
- Forces you to prioritize and focus
  Again, less wheel spinning
- Track your progress & celebrate achievement Essential to stay the course
- Tool and resource vs. ???









Is the goal well defined and does everyone understand it?

Be as specific as possible without a lot of extra detail



#### Who will make it happen?

If it's just you, no problem. But if it takes others, get them onboard



#### How will you do it?

This is the action plan, but consider how it will affect other things you are doing



#### When will it happen?

You've got to know the timeline to plan your actions



#### Why do you want to do it?

Very important for commitment and prioritizing



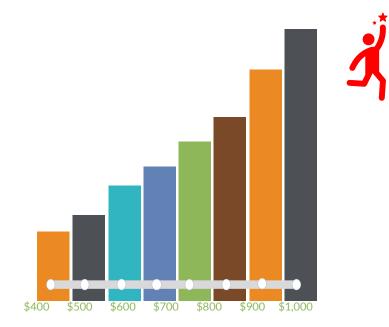
#### What do you want to accomplish?

Short and sweet, the objective must be clear and understandable





#### Can I measure the goal success or failure?



\$1,000 in Emergency Fund Savings

How much money will you need to achieve your goal?

or

How will you know you've accomplished your goal?

- Allows you to chart milestones along the way
- Can motivate you to give extra effort or think outside the box
- Provides satisfaction when parts of the goal are achieved





# Attainable



#### Research

What do you need to know? What needs to happen to achieve the goal?



#### **Circumstances**

Get out your crystal ball. What might impact your plan?



#### **Evaluate**

Is it realistic under the circumstances, and what can you do about it?





# Relevant

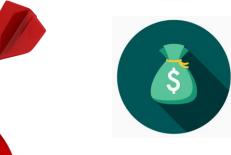
Is it important enough to plan and take action?













#### How will it help you?

Will it improve your life? Financially, but what about your mental, physical, emotional and spiritual health?



### What are additional impacts of achieving the goal?

How does it affect your family, your future, your spending plan, your financial habits?



#### The opportunity cost

If you pursue and achieve this goal, what else won't you be able to do? Uses time and resources.



#### How does it fit in with your life goals?

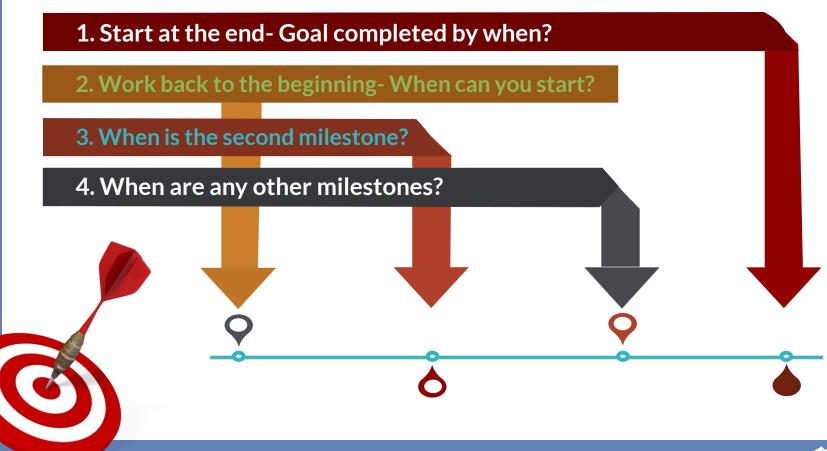
Does it line up with your values, your passions, what you consider important. (Sanity and peace of mind are values and are important!)



## Time-Based

When does this goal need to be met?







### **Questions?**

Remember, submit your questions through the question box in your control panel





### **Example: Emergency Fund**

Goal: To have enough money that, by the Fall, I can repair my car or home with savings instead of using my credit card.

**SMART Goal or Not?** 





### **Example: Emergency Fund**

Goal: To have enough money that, by the Fall, I can repair my car or home with savings instead of using my credit card.

**SMART Goal or Not?** 





#### What's right:

- The purpose not to use a credit card for repairs.
- Relevant
- Possibly realistic
- Defines what the goal is for, and potentially the way to get there.



### **Example: Emergency Fund**

Goal: To have enough money that, by the Fall, I can repair my car or home with savings instead of using my credit card.

**SMART Goal or Not?** 



Goal: To have \$1,000 in an emergency savings account by July 1<sup>st</sup>, 2021.

#### **SMART Goal or Not?**



#### What's right:

- The purpose not to use a credit card for repairs.
- Relevant
- Possibly realistic
- Defines what the goal is for, and potentially the way to get there.



#### **Action Steps**

- 1. Identify funding source(s): Paycheck, tax refunds, 2<sup>nd</sup> job, garage sale, etc.
- 2. Where will you keep the emergency savings?
  Somewhere it won't be easy to spend (not checking account).
- 3. How and when will you deposit the savings? Autodeposit, monthly, one-time, etc.
- 4. When will you review/track your progress?
- 5. Communicate with your family
- 6. If not on track, what can you do to adjust?
- 7. How do you ensure you don't spend it on non-emergencies?



### Example: Planned Purchase\*

Goal: To pay cash for our vacation in September to the Oregon Coast.

SMART Goal or Not?





### Example: Planned Purchase\*

Goal: To pay cash for our vacation in September to the Oregon Coast.



#### **SMART Goal or Not?**



#### What's right:

- A specific time the money will be needed.
- A location for the vacation.
- The overall objective, to pay cash for the vacation.
- It's a positive step, but not quite a SMART Goal...yet!



### Example: Planned Purchase\*

Goal: To pay cash for our vacation in September to the Oregon Coast.

Goal: To have \$2,000 in cash available by 9/15 for our vacation to the Oregon Coast.

**SMART Goal or Not?** 

#### **SMART Goal or Not?**



#### What's right:

- A specific time the money will be needed.
- A location for the vacation.
- The overall objective, to pay cash for the vacation.
- It's a positive step, but not quite a SMART Goal...yet!



\* Also applicable to saving for larger purchase like tires, home appliance, mattress, landscaping project & more.

#### **Action Steps**

- 1. Identify funding source(s): Paycheck, tax refunds, 2<sup>nd</sup> job, garage sale, etc.
- 2. Where will you keep the money? Not in your checking account.
- 3. How and when will you deposit the savings? Autodeposit, monthly, one-time, etc.
- 4. When will you review/track your progress? If not on track, what can you do to adjust
- 5. Good opportunity to challenge family: reduce expenses, save themselves, help with Garage Sale, etc.



### Example: Buying a Vehicle

Goal: To save \$2,000 for down payment by November 1<sup>st</sup> on \$20,000 vehicle with payments no more than \$425/month for 48 months.



**SMART Goal or Not?** 



### Example: Buying a Vehicle

Goal: To save \$2,000 for down payment by November 1<sup>st</sup> on \$20,000 vehicle with payments no more than \$425/month for 48 months.



#### **SMART Goal or Not?**



#### What's right:

- Specific down payment, purchase price, monthly payments and term of loan.
- A specific time-line.
- It's very close, but we can't be sure it's a SMART Goal, until we can check what kind of loan we might qualify for.



### Example: Buying a Vehicle

Goal: To save \$2,000 for down payment by November 1<sup>st</sup> on \$20,000 vehicle with payments no more than \$425/month for 48 months.



Goal: To save \$2,000 for down payment by November 1st on \$20,000 vehicle and qualify for payments of no more than \$425/month for 48 months.

#### **SMART Goal or Not?**

#### **SMART Goal or Not?**



#### What's right:

- Specific down payment, purchase price, monthly payments and term of loan.
- A specific time-line.
- It's very close, but we can't be sure it's a SMART Goal, until we can check what kind of loan we might qualify for.





#### **Action Steps**

- 1. Identify funding source(s) for down payment
- 2. Find out credit score
- 3. Find out what loan interest, amount & terms you can get
- 4. If credit isn't good enough for loan goal, make plan to improve, or change goal
- 5. To improve, review credit report, make action plan for improvement.\*





- Where can you find the money you need that is best for now and long-term?
- Money you already have
- Save from existing income stream
- Temporary funding source
- Borrow from your future





#### **Borrow**

Credit cards, personal loan, retirement savings, from family, refinance home or vehicle



#### **Temporary Sources**

Gifts, tax refunds, yard sale, sell un-needed items, part-time job, home-based businesses, IDAs, unclaimed property, rent a room



#### **Start Saving**

Pay yourself first, auto-transfer, change jar, reduce expenses, spend smarter, cancel subscriptions, check insurance rates, forgo other purchases



#### **Money You Have**

Existing savings, piggy bank, unused gift cards, forgotten checks or cash



## Mid Oregon Resources

How can we help you reach your 2022 financial goals?



good friends. great service.





#### **Our Digital Banking Tools**

- Savings Goal Widget Set & track
- Credit Savvy Widget View & improve credit
- Transfers scheduled or on-demand
- Financial Wellness Widget Track & reduce spending



#### **Specific Accounts**

- · Savers' Club
- Credit Builder Loans
- Save to Win (Not for 2022 goals)



#### **Published Information**

- Topical Mid Oregon View posts.
- Credit Savvy: Your Money Blog
- Video recordings of previous webinars



#### Mid Oregon Staff

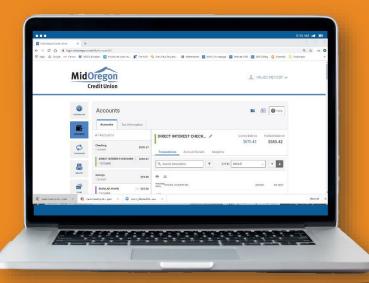
 Loan Officers to review credit and offer suggestions for achieving goals



#### **Future Mid Oregon Content**

- Sign up to receive Mid Oregon email newsletter and Mid Oregon View email
- Regularly check MidOregon.com for information





# Mid Oregon Credit Union Digital Tools



#### **Financial Wellness**

View and analyze your spending on your accounts, including external accounts!







#### **Credit Savvy**

Free credit reports, monitoring, and coaching to increase your score.

#### **Savings Goals**

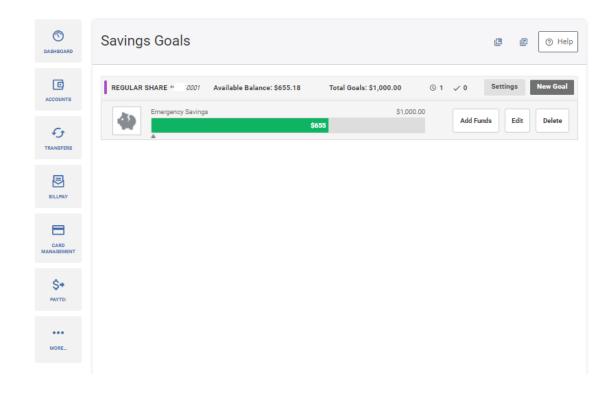
Set a savings goal and track your progress toward achieving it!



### Mid Oregon Credit Union

### **Digital Tools**







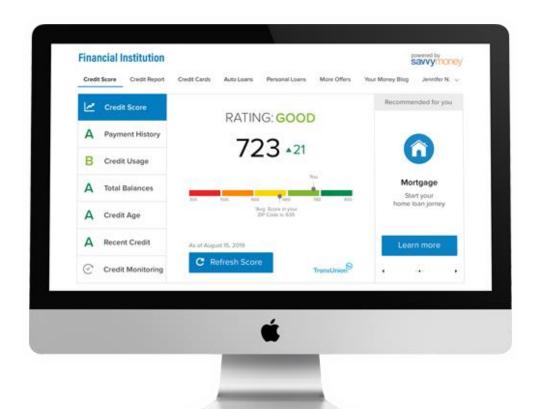


### Mid Oregon Credit Union

### **Digital Tools**







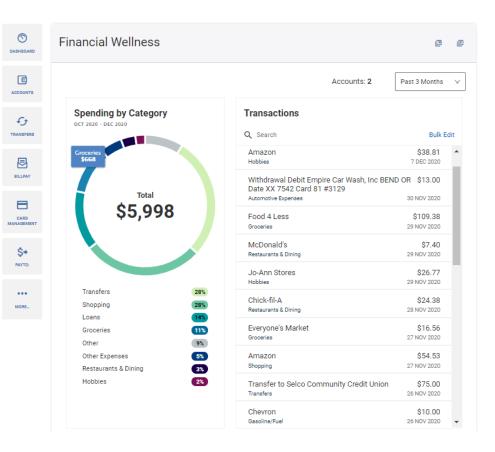


### Mid Oregon Credit Union

### **Digital Tools**









#### Other Possible Financial Goals For 2022



Start or Fund a Child's Saving Account
Starting earlier is better

Remodel Part of Your Home
We are spending more time at home

Winter/Snow Tires for Next Winter Big expense, don't be surprised

Pay Cash For Christmas Presents
Avoid the post-Holiday blues

Purchase Equipment for Exercise or Recreation
Again, time at home and better health







By 2/1/22

Set up Emergency Fund Savings Account



By 6/1/22

Hold yard sale to earn at least \$600



By 2/10/22

Set up direct deposit & schedule \$100/month transfers



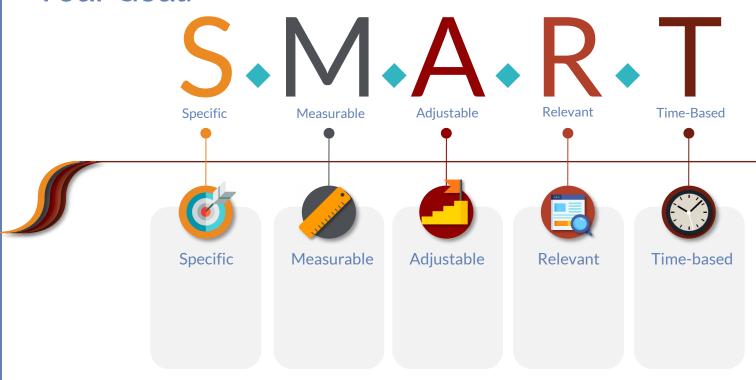
7/1/22

\$1,000 in Emergency Fund!





### Your Goal:

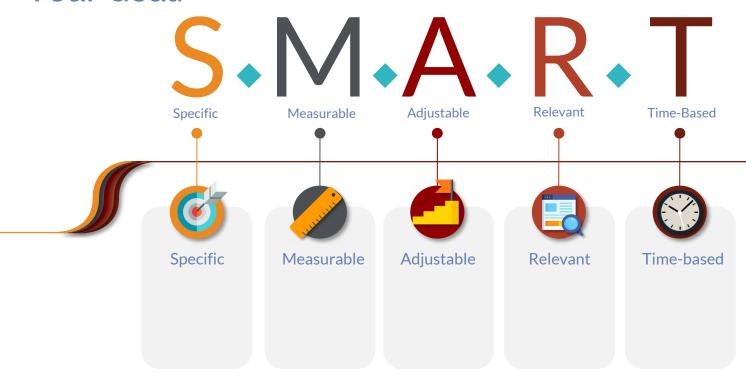








### Your Goal:









### **Questions?**

Contact me if you have questions or need a referral

whanson@midoregon.com



